
SOFT DRINKS

Hildon water 300ml Still/Sparkling	£2.25	Thyme & Tides fresh Juices	
Coca cola 330ml	£4.25	Orange	£4.75
Diet coke 330ml	£4.00	Detox	£4.95
Zingi Bear organic ginger beer	£3.95	Apple, orange, carrot & ginger	
Cawston press cans	£3.50	Mean Green	£4.95
Elderflower / cloudy apple		Apple, cucumber, spinach & ginger	
Luscombe Organic apple juice	£3.50		
Kids cartons	£2.25	Traditional Lemonade	£3.50
Apple & pear / Apple & berries			

HOT DRINKS

Coffee - River Coffee Roasters		Tea – Birchall Tea	£2.95
Espresso	£2.95	Breakfast/green/peppermint	
Macchiato	£3.10	Earl grey/decaf/red bush/	
Americano	£3.00	Camomile	
Cortado	£3.25	Herbal Teas - Fresh	£2.50
Flat white	£3.50	Lemon & ginger	
Cappuccino	£3.50	Hot choc – Kokoa Collection	£3.60
Latte	£3.50	White, milk or dark	
Mocha	£3.60	Giant marshmallows/crushed	From
Matcha Latte	£3.60	chocolate flakes/chocolate	£0.50
		pieces/squirty cream	
		Alternative milks – Oat/Almond	£0.50

BEER / WINE

Broken record, Shiraz, Australia, 2022	£6.95 175ml / £24.50 Btl
14% vol, soft juicy plummy fruits	
Esk Valley, Sauvignon Blanc, NZ, 2022	£7.25 175ml / £26.50 Btl
11% vol, crisp & brimming with ripe fruit flavours	
Folc English rose, Southeast England, Kent, 2023	£6.95 175ml / £24.50 Btl
12% vol, pale salmon pink, strawberry notes, crisp & smooth	
Red Ram lager, 330ml, 4.5% vol, Wiltshire	£4.50
Flower Potts Goodens gold, 500ml, 4.8%	£4.95
Purbeck Cider, Dorset Draft, 500ml, 5%	£5.75
Prosecco, Italy, 200ml, 11% Vol	£9.25
Heineken 330ml, 0.0% Vol	£4.50

BREAKFAST

Breakfast smoothie £3.95

Banana, yoghurt, oats, seasonal berries,
milk & Hampshire honey

Thyme & Tides full English £14.25

*Sausage, bacon, mushroom, IOW tomato,
beans, hash browns, poached eggs,
sourdough toast* **Add black pudding £2**

Thyme & Tides vegan breakfast (v/vg) £12.50

*Vegetable sausage, spinach, mushroom, IOW tomato,
beans, hash browns, sourdough toast*

Smoked Salmon, sourdough toast, poached eggs & crushed avocado £13.95

**Thyme & Tides smoked trout pate, dressed mixed leaves, capers,
cornichons & sourdough toast £10.95**

Garlic mixed mushrooms on sourdough toast (v) £10.50

Manx kippers, scrambled eggs, mushroom, spinach £10.50

Poached eggs, sourdough toast, crispy onions (v) £6.50
Add Smoked salmon £4/ Add Bacon £2.50

Forthay granola, yoghurt, berries & Hampshire honey (v/gf) £6.95

Sausage, bacon or vegetable sausage bap (v/vg) £7.00

SIDES & EXTRAS

CHILDREN'S MENU AVAILABLE ON REQUEST

Smoked Salmon	£4
Sausage	£2
Two vegetable sausage (V/VG/GF)	£2
Two rashers of bacon	£2.50
Two poached eggs	£2.50
Sourdough toast & butter	£4
Strawberry jam, marmalade or marmite	

Allergy & intolerance

If you require assistance, please ask a
member of the team for the list
of ingredients in each of our dishes

Please note that some of the fish dishes may
contain small bones